



**Intake** (Please complete all questions on this form clearly)

Date: \_\_\_\_\_

Clients Legal Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Home): \_\_\_\_\_ Phone (Work): \_\_\_\_\_

Cell: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Gender: \_\_\_\_\_ Email address: \_\_\_\_\_

**Insurance Information:**

Primary Card Holders Legal Name: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Insurance Company \_\_\_\_\_

Member ID# \_\_\_\_\_ Group # \_\_\_\_\_

**Please Inform your Primary insurance of your secondary**

Secondary Card Holders Legal Name: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Insurance Company \_\_\_\_\_

Member ID# \_\_\_\_\_ Group # \_\_\_\_\_

**Please Inform secondary insurance of your primary coverage**

**(Please attach a copy of the front and back of the Insurance Card)**

**Advance Directives:**

I have an Advanced Directive/Instruction for Mental Health Treatment. ( ) Yes ( ) No

**Emergency Information:**

Name of Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

(By filling this section out it allows us to call this person in an emergency)



**Precipitating Event (why treatment now?):**

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**Suicide Risk Assessment:**

Have you ever had feelings or thoughts that you did not want to live? ( ) Yes ( ) No

If YES, please answer the following. If NO, please skip to the next section.

Do you currently feel that you do not want to live? ( ) Yes ( ) No

How often do you have these thoughts?

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Has anything happened recently to make you feel this way?

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Do you feel hopeless and/or worthless?

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Have you ever tried to harm yourself before?

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**Homicidal Ideation Assessment:**

Do you currently have thoughts of hurting/someone else? ( ) Yes ( ) No

If YES, who: \_\_\_\_\_

Do you have a plan? ( ) Yes ( ) No

What is it? \_\_\_\_\_

**Previous Medical History:**

Allergies (adverse reactions to medications/food/etc.): \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

Date of Last Physical Exam: \_\_\_\_\_

Findings from Exam: \_\_\_\_\_

Any relevant medical conditions (diabetes, hypertension, head traumas, cardiac problems, asthma or other breathing problems, cancer, etc.):

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Current medications (Include prescribed dosages, dates of initial prescription and refills, and name of doctor prescribing medication):

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Hospitalizations/Surgeries (include dates, complications, adverse reactions to anesthesia, outcomes, etc.):

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**Past Psychiatric History:**

Outpatient treatment ( ) Yes ( ) No If yes, please describe when, by whom, and nature of treatment.

Reason \_\_\_\_\_ Date \_\_\_\_\_ Treated by Whom \_\_\_\_\_

Psychiatric Hospitalization ( ) Yes ( ) No If yes, describe for what reason, when and where.

Reason \_\_\_\_\_ Date \_\_\_\_\_ Hospitalized Where \_\_\_\_\_

Results of recent laboratory tests and consultation reports:

**The following information is option to fill out. However, it will be reviewed with your therapist during the first session.**

**Relationship History and Current Family:**

Are you currently: ( ) Married ( ) Partnered ( ) Divorced ( ) Single ( ) Widowed

How long? \_\_\_\_\_

If not married, are you currently in a relationship? ( ) Yes ( ) No If yes, how long?

What is your spouse or significant other's occupation?

\_\_\_\_\_ Describe your relationship with your spouse or significant other:

Have you had any prior marriages? ( ) Yes ( ) No. If so, how many? \_\_\_\_\_

How long? \_\_\_\_\_

Do you have children? ( ) Yes ( ) No If yes, list ages and gender:

\_\_\_\_\_ Describe your relationship with your children:

List everyone who currently lives with you:

Are you sexually active? ( ) Yes ( ) No

How would you identify your sexual orientation? \_\_\_\_\_

( ) Unsure ( ) Prefer not to answer



Source of Information being provided to therapist: \_\_\_\_\_

**Current Symptoms Checklist:**

- Depressed mood
  - Loss of interest
  - Excessive guilt
  - Racing thoughts
  - Increased libido
  - Excessive energy
  - Excessive worry
  - Visual Hallucinations \_\_\_\_\_
  - Self-Injurious Behaviors
  - Describe: \_\_\_\_\_
- Unable to enjoy activities
  - Concentration/forgetfulness
  - Fatigue
  - Impulsivity
  - Decrease need for sleep
  - Increased irritability
  - Anxiety attacks
  - Audio Hallucinations \_\_\_\_\_
- Sleep pattern disturbance
  - Change in appetite
  - Decreased libido
  - Increase risky behavior
  - Crying spells
  - Avoidance
  - Suspiciousness
- How many hours of sleep?: \_\_\_\_\_

Additional Information:

**Substance Abuse History (*complete for all patients age 12 and over*)**

Any current or previous substance issues?  
 Have you ever been treated for alcohol or drug use or abuse?  Yes  No  
 If yes, where were you treated and when

**Trauma History (Elaborate if you feel Comfortable):**

Do you have a history of being abused emotionally, sexually, physically or by neglect?  Yes  No.

**Psychosocial Information:**

Educational History:

Highest Grade Completed? \_\_\_\_\_ Where? \_\_\_\_\_

Did you attend college? \_\_\_\_\_ Where? \_\_\_\_\_ Major? \_\_\_\_\_

What is your highest educational level or degree attained?  
\_\_\_\_\_



Occupational History:

Are you currently: ( ) Working ( ) Student ( ) Unemployed ( ) Disabled ( ) Retired

How long in present position? \_\_\_\_\_

What is/was your occupation? \_\_\_\_\_

Where do you work? \_\_\_\_\_

Have you ever served in the military? \_\_\_\_\_ If so, what branch and when?

Legal History:

Have you ever been arrested? \_\_\_\_\_

Do you have any pending legal problems? \_\_\_\_\_

Spiritual Life:

Do you belong to a particular religion or spiritual group? ( ) Yes ( ) No

If yes, what is the level of your involvement? \_\_\_\_\_

Support System:

\_\_\_\_\_

Were you adopted? ( ) Yes ( ) No Where did you grow up?

List your siblings and their ages: \_\_\_\_\_

\_\_\_\_\_

Did your parents' divorce? ( ) Yes ( ) No If so, how old were you when they divorced?

If your parents divorced, who did you live with?

\_\_\_\_\_

**Children and Adolescents ONLY:**

**If parents are divorced (Please attached a copy of the Custody Agreement) :**

**Legal Custody:** \_\_\_\_\_ **Physical:** \_\_\_\_\_

**Shared:** \_\_\_\_\_

**Developmental History** (developmental milestones met early, late, normal):

\_\_\_\_\_

\_\_\_\_\_

**Perinatal History** (details of labor/delivery):

\_\_\_\_\_